



Nonviolence: From Theory to Practice

Date and Time: Please call for date and time of next workshop or check our Web calendar

Workshop running time: Three (3) hrs.

Place: Please call for details (323) 931-9125

Suggested Donation: \$20 (no one turned away for lack of funds)

"Nonviolence is a powerful and just weapon which cuts without wounding. It is a sword that heals." Dr. Martin Luther King, Jr.

"Nonviolence" as a methodology, as a way of being, incorporated into our everyday lives: relationships, work and play experiences - is a powerful "tool." It enriches our daily lives, and reveals a "soul force" – the presence and power of which catapults us into uncharted territory in a courageous and peaceful manner. Please join us as we venture into the daily practice of this thing called "nonviolence" and discover new ways to experience peace, moment by moment.

"Nonviolence" – how does it apply to my life? If you would like to explore the possibility and power of "nonviolence" in a specific area of your life – if you would like to discover how this thing called "nonviolence" can be injected into your daily relationships and activities, and how it can empower your life, please join us on this brief journey.

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