



Invites you to participate in
A Season for Nonviolence workshop:

COMPASSIONATE LISTENING

A gentle, powerful, nonjudgmental way to awaken a heart in conflict and to establish mutual empathy between individuals.

Date: Please call for details

Time: 2:00 p.m. – 5:00 p.m.

Suggested Donation: \$15

(no one turned away for lack of funds)

Place: Please call for details (323) 931-9125

“Violence is the language of the unheard.”

Martin Luther King, Jr.

In this workshop we will inquire into ways in which we can deepen our willingness and ability to truly “hear” one another . . . from a place of compassion, a place of openheartedness. It is not necessary that we agree, but true peace and reconciliation call forth a deeper listening. . . from our heart . . . a letting down of our defenses! In doing so, we honor the dignity and worth of all that another experiences . . . *and Peace prevails!*

“Reconciliation is the most difficult part of the peace process because it requires the resuming of relationship between those in conflict. It means the coming together in harmony of those who have been sundered.” **Gene Knudsen Hoffman**

The **first** in a **two part series** based on the heartfelt work of longtime Quaker Peace Activist, counselor, Gene Knudsen Hoffman. Please direct inquiries to: **Candace Carnicelli @ (310) 709-4097.**